



YOUR MEDICAL INFORMATION AVAILABLE FOR EMERGENCY USE

From July, as agreed by the Patient Group on behalf of the patients at Park View Health Partnership, the Summary Care Record data for Park View Health Partnership will be uploaded securely to the central data point. In line with this, patients who have to signed up to book appointments on line will also be able to view their Medication history, Immunisation record and allergy information that is held in their patient record. Patients who would like to take advantage of this information and don't currently have access to booking appointments online should bring photo ID (such as a passport) to reception during less busy times after 11am and 4pm where they can complete an application form and receive a password and instructions to log on to their personal medical record from their own device. Patients who have already signed up to the online booking appointment facility should email info@parkviewhealth.co.uk with a request to increase their access to include medication, immunisation and allergy information. Once this has been enabled, you will get a confirmation email.

PROTECT YOURSELF FROM MENINGITIS

From late summer 2014, students under the age of 25 who are starting university will also be offered a catch-up booster of Men C vaccine. This student catch-up programme will continue for several years until all university entrants have received a Men C teenage booster. Anyone under the age of 25 who hasn't yet received Men C vaccination can have a single catch-up dose on the NHS. If you want a catch-up dose of the Men C vaccine, you can arrange this now with our practice immunisation team.

Prospective students will be informed through UCAS (<http://www.ucas.com>) that they are eligible for the vaccine. However, practices are able to offer the vaccine opportunistically to those young people who are expecting to go to university.

An information leaflet has been developed.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/301103/Meningitis_C_leaflet_for_university_students.pdf



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NEW MINOR ILLNESS CLINIC

From 15th September 2014, we will be running a new minor illness clinic each morning. This clinic is for one urgent problem only that cannot wait for the next available appointment. It is a sit and wait clinic wait from 11am. This emergency clinic will only deal with the most pressing problems. This allows your problem, and those of other patients waiting, to be dealt with speedily so reducing waiting times and increasing access to healthcare. You will be seen on a 'first come first serve basis' unless there is an urgent clinical need.

We request that adults attend alone whenever possible and children are brought by only one parent or guardian as it is a busy clinic with limited space.

This clinic should not be used for ongoing problems, issue of fit notes, test results or repeat medication. As we anticipate large demand for this service, in the interest of keeping waiting times down, only one problem can be dealt with per consultation.

KEEPING HEALTHY OVER THE SUMMER AND BEYOND

Mid Sussex Wellbeing Hub is a comprehensive service providing residents with information and advice on all physical and emotional health matters and can be contacted on 01444 477191, email: healthy@midsussex.gov.uk or www.midsussexwellbeing.org.uk.

However, there are many older people in the District who do not wish to access information on line and that is why the latest Community Connections Directory has been produced as a handy booklet. The new Directory contains extensive contact information for the many local organisations that offer help to older people in the community. It covers a range of issues, from managing money to maintaining independence, the availability of social activities to support with housing issues.

Residents can also find out about the many local support groups that help to improve health and wellbeing in the community by providing advice on issues such as losing weight, healthy eating, giving up smoking, becoming more active, cutting down on drinking and managing stress.

"It is so important that older people know there are local organisations in the community that can help them in times of need. There are many charities and other support organisations in Mid Sussex dedicated to helping our residents but people are not always aware of the support that is available."

" Whether you are looking for advice on your pension or for the phone number for discounted bus and rail travel, or perhaps you need help to pay your heating bill in winter or would like a fire safety check for your home, all the contact information you need is conveniently laid out in the new Community Connections Directory."

The Community Connections Directory of Services is available from June at the Mid Sussex District Council offices, Help Points in Burgess Hill, East Grinstead and Haywards Heath and in local libraries throughout Mid Sussex. The Directory can also be found online at:

www.midsussex.westsussexwellbeing.org.uk/topics/more-topics/community-connections



Saturday	4th October
Saturday	1st November



All eligible patients are asked to book their free jab **NOW!**